

LIVELY LIVER TONIC



強力寶肝靈(特強乙肝靈)

Milk Thistle Extract
天然奶蓟草(複方)精華



Functions of Milk Thistle Extract

Milk Thistle plays a significant role in protecting the liver as it can help the liver resist invasion of toxin and eliminate toxin, while at the same time effectively protect and stimulate the regeneration of liver cells.

Silymarin can effectively improve the function of liver, while its effects can be classified into the following 4 kinds:

1. Antioxidant effect

Silymarin is an effective kind of antioxidant called Isoflavone, which can help suppress 5-lipoxygenase, an enzyme which speeds up oxidation. Silymarin can thus increase the concentration of antioxidant in liver cells, and stabilize cell membranes (especially liver cell), so as to achieve antioxidant effect.

2. Detoxification effect

Mushroom picking workers eat milk thistles to prevent liver failure caused by mis-intake of poisonous mushrooms since long in Germany. Silymarin is the main component of detoxification exist in Milk Thistle, which can have detoxifying effect, prevent invasion of toxin and discharge toxin. Silymarin can also improve the liver's function of detoxification and stand against toxic elements.

3. Help repair and regenerate liver cells

Liver cell is one of the few organ cells that has regenerating ability, while Silymarin can increase the protein synthesis of nucleotide exist in normal liver cells, but not enhancing the growth of bad liver cells. Silymarin can also repair liver cells destroyed by alcohol which makes it especially important for usual drinkers.

4. Recover stamina from constant tiredness

In nowadays society, many work in late hours or overtime shifts. Most workers lack sleep and are constantly tired. Silymarin may help relieve related symptoms such as fatigue, nausea along with muscle and joint pain. Patients consuming Silymarin are found to have a better general health.

Milk Thistle Extract (Complex formula) is made of a combination of well-researched natural herbs such as Milk Thistle Extract, Dandelion, Green Tea and Turmeric Root. It is manufactured by well-known U.S.A. GMP licensed manufacturer with quality guarantee.



Recommended daily dose:

Adults take 1-2 capsules daily or as recommended by physicians.

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