

FOR MEN'S HEALTH & VITALITY

The main functions of the prostate are to store and secrete seminal fluid (also called semen). Anti-bacterial property of seminal fluid helps protect the urethra. In case of ejaculatory duct infection, the prostate would enlarge, compress the urethra and hinder urination, resulting in Benign Prostatic Hyperplasia (BPH). Symptoms include urinary hesitancy, frequent urination and urinary retention. Prolonged untreated BPH may even affect sexual function.

Prostia Saw Palmetto Plus Lycopene Complex consists of time-tested natural herbal ingredients, in particular lycopene. Lycopene holds the key to men's health and helps restore vitality and youth.

LYCOPENE – THE SUPER CAROTENOID

Lycopene is a naturally occurring carotenoid that gives fruits and vegetables a red color. It is a powerful antioxidant for maintenance of good health.^[1,2] In nature, it is found in high concentration in tomatoes, but it would be difficult to consume enough lycopene in a general diet to the amount adequate for promotion of prostate functions.

A clinical study in Germany recruited patients with BPH to investigate the effect of daily supplementation of lycopene on disease symptoms. Scientists measured changes of prostate health markers including serum prostate-specific antigen (PSA) level and prostate enlargement. At the end of the 6-month study, men taking lycopene supplements showed significant improvement of the markers over the placebo group. It is easy to see that lycopene offers remarkable benefits to men's health.^[3]

SAW PALMETTO EASES URINATION

Saw Palmetto is a traditional herb of American Indians and has long been consumed by men for health and youth.^[4] Scientists early reported that saw palmetto contains special fatty acids as active ingredients. The two-year trial found that taking 320mg saw palmetto extract daily could improve sleep quality by regaining strength and reduce awake time at midnight.^[5]

The level of hormone named Dihydrotestosterone (DHT) sharply increases after 40 years of age and stimulates growth of prostate gland cells. Clinical data suggested that saw palmetto can relieve the stimulation significantly, and free you from retention and pressure.^[7]

PUMPKIN SEED OIL RELIEVES SWELLING

Pumpkin Seed Oil is a rich source of vitamins A, B, and E, linoleic acid, oleic acid, zinc, selenium, and phytosterols. A 2006 report was issued for a clinical trial involving over 2,000 men suffering from BPH and it indicated significant improvement in the urinary function after taking pumpkin seed oil supplement.^[8]

Zinc is effective in preventing the swelling of prostate gland cells.^[8,9] Actions of pumpkin seed oil may also be attributed to the content of phytosterols, which are known to interfere with the actions of DHT.^[8] It can complement the effects of lycopene and saw palmetto, helping men to charm and stay confident.^[8]

SELECTING SAW PALMETTO PLUS LYCOPENE COMPLEX FORMULA MAY PROVIDE THE FOLLOWING BENEFITS:

- Help reduce frequency to bathroom at night^[5]
- Gain control to smooth flow^[5]
- Improve semen concentration^[2]
- Improve sperm morphology and motility^[2]
- Strong antioxidant function to protect body cells^[1]
- Help maintain healthy hair condition^[10]

RECOMMENDED DAILY DOSE:

Adults take 2 softgel capsules daily or as directed by physicians.

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