



Kids Multi-Vitamins & Minerals (Plus DHA)

Modern Parents' concerns on children's health

Nowadays, parents need to worry about children's growth and development in many aspects. Do your kids match with the following characteristics?

- Picky eating and like to eat snacks only
- Lacking Dietary Fiber: Hate to eat veggie or fruits
- Lack motivation because of stress from schoolwork
- Get hurt easily when doing exercise
- Get sick easily
- Lack of mental focus and concentration
- Slow multiple intelligence development
- Skinny and short
- Poor sleep quality
- Visual problems such as short-sightedness, astigmatism
- Hyperactivity

Taking Nutrition products definitely helps your children for growth and development

Invita Kids Multivitamins and Minerals Chewable Tablet (Plus DHA) is tailor-made for children, consisting of 18 essential nutrients from A (Vitamin A) to Z (Zinc) plus DHA for kid's development and optimal health. We know that parents are busy to earn a living nowadays. You may not have time to prepare a balanced diet for your children. At the same time, kids are busy with their schoolwork, tutorial or interest-oriented classes. Invita Kids Multivitamins and Minerals Chewable Tablet (Plus DHA) is a nutritious and convenient choice for the health of your kids. We specially designed the product with a fruity orange flavored and animal shape which provides your children a unique and enjoyable experience.

Nutrients that assist Development and Learning - ASAP!

Children's diet must provide sufficient nutrients in preparation for the growth spurts of the childhood years. Vitamins and Minerals are especially important for growth, immune function and vision, and to make strong bones and skin. Sufficient Vitamins and Minerals intake also plays a vital role in preparing and sustaining children potential learning abilities. They could perform better and have longer attention spans. Invita Kids Multivitamins and Minerals Chewable Tablet (Plus DHA) gives your children a major advantage in creating a strong healthy body and makes your children become more brilliant and clever than others for a bright future.

How do vitamins, minerals and DHA create synergistic effect?

Protect vision ^[1-4]	We can learn from what we see. Better visual health allows kids to acquire information more effectively and learn better and faster. Vitamin A, Vitamin E, DHA
Boost up brain development	Children need all-round development in different aspects, including IQ, knowledge, language and communication skills. Children's cognitive development is highly correlated with their absorptive capacity. B Vitamins, Iodine, Magnesium, Manganese, Iron, Zinc, DHA
Improve immunity ^[1-3,6]	Virus and bacteria are evolving and numerous new diseases are emerging. Strong immune system can definitely help to fight against diseases. Vitamin A, Vitamin C, Vitamin E, Zinc
Strengthen teeth & bones ^[1-3,6]	Parents always want their children to grow up with health and joy. Stronger bones help their body development. Vitamin D, Calcium, Magnesium
Boost up concentration & memory; Improve mood ^[5,7-8]	Psychologists suggest that health includes physical health and mental health. DHA is more than just boosting IQ. It is also powerful in improving mood. Happy children are more willing to learn, more concentrated and ready to acquire new knowledge. DHA

Fish Oil Essence for IQ: DHA

DHA makes up 90% of the omega-3 fatty acid content of the brain. DHA is a major component of brain cell membrane and is crucial for the development of brain during childhood.^[7] DHA can only be obtained in diet from fish, but it may not be a good option. Fish may be contaminated by environmental pollutants such as mercury, toxic substances and even radioactive substances. It may be risky to obtain DHA solely from the source of fish.

Invita Kids Multivitamins and Minerals Chewable Tablet (Plus DHA) is enriched with DHA which is sourced from wild ocean fish that live in the cold, clean and unpolluted ocean. We insist to select high quality DHA ingredients in order to provide customers with our incomparable excellent product. DHA could be directly absorbed and utilized by brain cells which effectively enhance brain function and development, as a result boost up children's IQ and EQ and improve their memory and concentration. Pathing with a bright future, you will certainly be proud of your kids with such excellent performance.

Recommended daily dose:

Children 3 years and up: chew 1 tablet daily.
Children 6 years and up: chew 2 tablets daily.
Children 12 years and up: chew 3 tablets daily
or as recommended by physicians.

References:

1. Dietary supplements: the complete drug reference. London, UK, Pharmaceutical Press.
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3. National Library of Medicine. Dietary Supplement Fact Sheets. Available at: <https://ods.od.nih.gov/factsheets/list-all/>
4. Healthy Answers: Vision Part II: DHA Fatty Acids Protect and Improve Vision. Available at: <http://www.healthyanswers.com/healthy-aging/vision-care/2012/07/vision-part-ii-dha-fatty-acids-protect-and-improve-vision/>
5. Life extension: DHA Supports Brain Development and Protects Neurological Function. Available at: http://www.lifeextension.com/magazine/2008/1/report_dhafishoil/Page-01
6. National Institute of Health: Dietary Supplement Fact. Available at: <https://ods.od.nih.gov/factsheets/list-all/>
7. Dr. Fuhrman: DHA Benefits Nervous System Function, Cardiovascular Health, and More. Available at: https://www.drfuhrman.com/library/DHA_benefits.aspx
8. Dantzer R, O'Connor JC, Freund GG, Johnson RW, Kelley KW. From inflammation to sickness and depression: when the immune system subjugates the brain. Nat Rev Neurosci. 2008;9(1):46-56.