

美國護列靈 **Prostrong** Saw Palmetto **Plus**

The Disturbing Prostate Issue

The main functions of the prostate are to store and secrete seminal fluid (also called semen). Seminal fluid, together with urine, is excreted out of the body through the urethra every day. Anti-bacterial property of seminal fluid helps protect the urethra. In case of ejaculatory duct infection, the prostate will enlarge, compress the urethra and hinder urination, resulting in Benign Prostatic Hyperplasia (BPH). Symptoms include urinary hesitancy, frequent urination and urinary retention. Prolonged untreated BPH may even affect sexual function. According to National Institutes of Health in the US, half of all 60-year-old (or above) male may have BPH.^[1]

Prostrong Saw Palmetto Plus consists of time-tested natural herbal ingredients. These herbal extracts have passed various clinical trials with the following characteristics:

Saw Palmetto is a traditional herb of American Indians and has long been consumed by men for health and youth.^[2] German scientists early reported that saw palmetto contains special fatty acids as active ingredient. The two-year trial found that taking 160mg saw palmetto extract twice daily reduced night-time awakeness in 80% of participants and maintained urinary flow rates.^[3]

A meta-analysis concluded that saw palmetto helps maintain healthy urinary function.^[4] Another research showed that dihydrotestosterone (DHT) level sharply increases after 40 years of age. The high level of DHT will stimulate the growth of prostate gland cells.^[5]

Pumpkin Seed Oil is rich in zinc which is effective in preventing the swelling of cells.^[6,7] It could further support the effects of saw palmetto to suppress prostate enlargement and effectively maintain the health of the prostate.^[7]

Pygeum Africanum, an extract from the bark of the African plum tree, contains phytosterols which possess anti-inflammatory properties.^[8] Pygeum africanum may be an option for men who concerned about urinary system health.^[9]

Bearberry contains anti-inflammatory and anti-oxidative polyphenolic compounds such as tannins and flavonoids.^[10,11] It is a mild diuretic which helps normal urination.^[11] It also has antimicrobial activity which helps maintain a healthy urinary system.^[12]

Soybean oil is a rich source of isoflavones, which are plant-derived phytoestrogens. Soybean oil may help protect cells and DNA against oxidation. It also has a vasodilation effect.^[13]

Lecithin is enriched with the essential nutrient choline. It is an important element of the cell membrane, responsible for maintaining its integrity and fluidity, and as such providing protection for cells.^[14]

Prostrong Saw Palmetto Plus may provide the following functions^[16-18]:

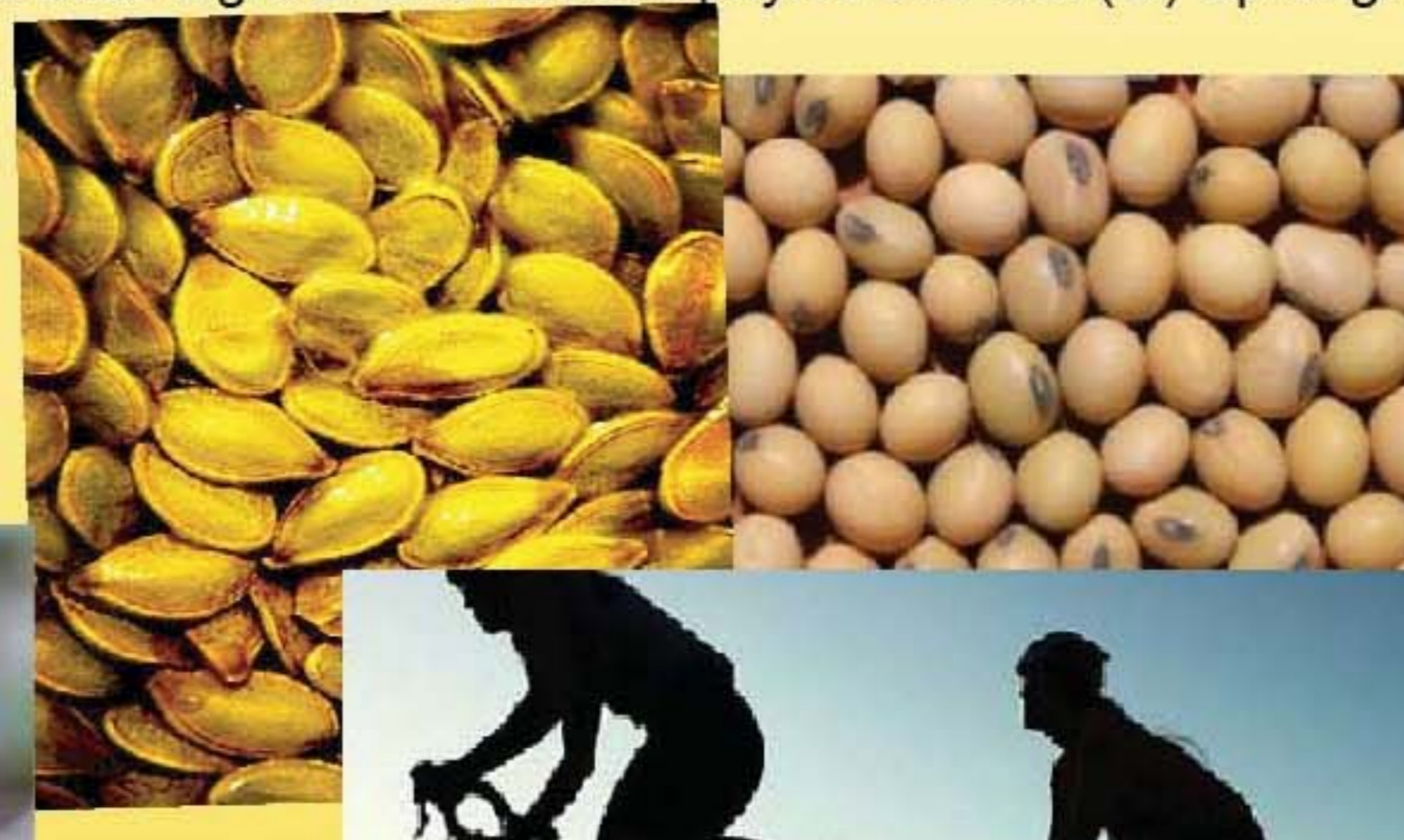
- Helps reduce frequency of waking up at night
- Maintains normal urine flow rate
- Strong antioxidant function to protect body cells
- Maintains healthy prostate and urinary system
- Helps strengthen sexual function
- Helps promote healthy hair growth and prevents hair loss

Recommended daily dose:

Adults: Take two capsules 2 times daily.

References:

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