Ganoderma Lucidum Plus CO Q10

Origin of Ganoderma

Ganoderma first appeared in the first medical reference of China-*Shennong Materia Medica*. It has 5000 years history as an herbal medicine in China with sublime state, even more precious than Ginseng. The two most treasured medical masterpiece, *Shennong Materia Medica* and *The Conpendium of Materia Medica* recorded Ganoderma as the premium medicine and immortal herbs, for it can make people live forever and revive a person from dead. [1] Ganoderma is a kind of fungi with hard shell, millions of spores and bitter taste. It cannot carry out photosynthesis itself but obtain nutrients from other organic substances and dead trees. When the Ganoderma matured, it reproduces by spreading out the spores. If two spores combine, it will then develop to a fruiting body of Ganoderma.

Higher efficacy of the whole Ganoderma Lucidum plant with fruiting body compare to the spores only

Spores products are popular in the market. Most people believed that spores are the most valuable part of a Ganoderma. However, according to the report from Toyama Medical and Pharmaceutical University, the growth stage before the umbrella opening and spreading of spores is regarded as the best time for the pharmacodynamic effects of Ganoderma lucidum. Hence, consuming the whole plant of Ganoderma lucidum with fruiting body is more beneficial than consuming the spores only.

How to ensure the quality of Ganoderma?

Poor quality of wild Ganoderma Lucidum

According to Prof. Tsui, the Chair Professor of *Guangzhou University of Chinese Medicine*, who has been studying chinese medicine resources and exploitation more than half century, point out that chinese herbs is complicated in varieties. Great discrepancies can exist among one species. [2] Comparatively, cultivated Ganoderma is more quality guaranteed since the cultivar must be developed from high-quality variety. Moreover, it is impossible to control the harvesting and collecting period for wild Ganoderma as it is independent among species. However, this problem is not existed since cultivated Ganoderma is collected regularly.

Fake or poor quality Ganoderma products are filled with the market. Most of the cultivated Ganoderma are planted on soil or sawdust and catalyzed by strong light, so that the spread spores can be collected shortly in 3 months. This cultivation method will easily contaminate the spores with pollutants possibly as serious as mycelium and gelatinous. Long term consumption of these kinds of spores products are not beneficial to our health.

Benefits of Ganoderma Lucidum Capsules:

Hygiene Assurance with strict supervision during manufacturing process

Ganoderma Lucidum Capsules is different from the wild Ganoderma. High quality Ganoderma species is being selected and cultivated on first-grade Logs for one year, as to make sure the Ganoderma contains as much active ingredients as possible. With close hygienic control, Ganoderma Lucidum Capsules is safe and in high efficacy.

High Concentration of Ganoderma Essence collect in the period at the greatest efficacy

After a number of researches, the most accurate time for ganoderma collection with the highest efficacy is being determined. Therefore, Ganoderma Lucidum Capsules has more nutrients and active ingredients compare to similar products.

Stable in Quality

The cultivation method of Ganoderma Lucidum Capsules is a biotechnology certified by The US Food and Drug Administration. Ganoderma development is not affected by instability factors like weather and natural environment. With the most advanced testing method, the active ingredients can be continuously guaranteed so as the stability of every single capsule.

Active Ingredients of Ganoderma Lucidum

Ganoderma is rich in active ingredients, here listed some of the ingredients among dozens of them:

Ganoderma Lucidum Polysaccharide

Ganoderma Lucidum Polysaccharide is one of the most effective ingredients. As a result, medical scientists have done a lot of researches on it especially GLP, which shows anti-tumor functions. [1-4]

Ganoderic acid

Ganoderic acid is a kind of triterpenes. It is an analgesic sedation and cancer suppressor. [3,5] The content of Ganoderic acid is highly concerned by the manufacturers especially the Ganoderic acid A. It is believed that high proportion of Ganoderic acid reveals high quality to the Ganoderma product.

Adenosine

Adenosine consists of many derivatives. It can prevent thrombosis, increase blood oxygen capacity and blood microcirculation. [6]

Organic germanium

Ganoderma contains organic germanium which is a strong immune-stimulant. It increases amount of blood capacity and promotes blood circulation. [1]

Main ingredients in Ganoderma Lucidum Capsules Plus CO Q10:

Ganoderma Lucidum

Studies show that Ganogerma Lucidum contains Ganoderma Lucidum Polysaccharide, 18 kinds of Amino Acid, Adenine nucleotide, Oleic acid and Ganoderma Lucidum cellulose, which can improve immunity and cardiovascular system, and stabilizing cholesterol. [1,2,3,7]

Coenzyme Q10

Coenzyme Q10 is a fat-soluble compound synthesized by the body and also consumed in the diet. It is found in every cell and is required by the body energy-producing structures within cells. One of the critical functions is converting nutrients into energy. This conversion is very important for the heart cells to support their heavy workload and energy consumption. Coenzyme Q10 is a well-known antioxidant that can increase our oxygen utilization in the bodies, enhance body defence, promote cells self-repairing, inhibit free radicals, anti-aging and enhance physical capacity. [8] Therefore, with the addition of Coenzyme Q10, Ganogerma Lucidum Plus Co Q10 Capsule improves and prolongs the functions of Ganogerma Lucidum in our body.

Benefits of Ganoderma Lucidum Capsules Plus CO Q10

- Improve immune system [1-3]
- Improve blood circulation [1-3]
- Improve function of cardiovascular system [1-3]
- Analgesia [3, 5]
- Improve metabolism, anti-aging [1, 3, 9]
- Relaxing [3]
- Improve functions of digestive system [3]
- Inhibit release of histamine [3]
- Suppress free radicals [1-3]
- Improve allergic constitution [2]
- Improve function of lungs [2]
- Maintain functions of hepatic system and kidney [10]
- Increase energy [1]
- Ease cough and asthma [1]

Composition:

Serving Per Container: 100 Capsules
Each capsule contains:

- Ganoderma Lucidum (cultivated).....300mg
- Coenzyme Q10.....10mg

Recommended daily dose: Please consult your family doctor.

This product is not registered under the Pharmacy and Poisons Ordinance or the Chinese Medicine Ordinance. Any claim made for it has not been subject to evaluation for such registration. This product is not intended to diagnose, treat or prevent any disease.

References:

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