

美國強列靈特選 前列腺配方

HEMAN PROSTATE SUPPLEMENT
(SELECTING PROSTATE FORMULA)

Prostate Health Info

The main functions of the prostate are to store and secrete seminal fluid (also called semen). Seminal fluid, together with urine, is excreted out of the body through the urethra every day. Anti-bacterial property of seminal fluid helps protect the urethra. In case of ejaculatory duct infection, the prostate will enlarge, compress the urethra and hinder urination, resulting in Benign Prostatic Hyperplasia (BPH). Symptoms include urinary hesitancy, frequent urination and urinary retention. Prolonged untreated BPH may even affect sexual function. According to National Institutes of Health in the US, half of all 60-year-old (or above) male may have prostate health problems.^[1]

Natural Herbal Ingredients

Saw Palmetto is a traditional herb of American Indians and has long been consumed by men for health and youth.^[2] German scientists early reported that saw palmetto contains special fatty acids as active ingredient. The two-year trial found that taking saw palmetto extract reduced night-time urination and improved urinary flow rates.^[3]

Research showed that dihydrotestosterone (DHT) level sharply increases after 40 years of age. The high level of DHT will stimulate prostate gland cells. Saw palmetto could relieve the stimulation and help maintain healthy urinary functions.^[4,5]

Pumpkin Seed Oil is rich in zinc. It could support the effects of saw palmetto in maintaining the health of the prostate.^[6,7]

Pygeum Africanum, an extract from the bark of the African plum tree, containing phytosterols.^[8] Pygeum africanum may bring health benefits to the urinary system and prostate.^[9]

Bearberry contains anti-oxidative polyphenolic compounds such as tannins and flavonoids.^[10,11] It is a mild diuretic which promotes unobstructed urination.^[11] It helps maintain prostate health.^[12]

Soybean oil is a rich source of isoflavones, which are plant-derived phytoestrogens. Soybean oil may help protect cells, DNA and capillaries against oxidation.^[13]

Lecithin is enriched with the essential nutrient choline. It is an important element of the cell membrane, responsible for maintaining its integrity and fluidity and as such providing protection for cells.^[14]

Heman is suitable for:

- People with frequent urge to urinate
- People who have to go to toilet many times at night
- People who want to maintain normal urine flow
- People who concern about prostate and urinary system health
- People who want to improve men's performance
- People who want to improve hair growth
- People with alopecia
- People needing anti-oxidants to protect cells

Recommended daily dose:

Adults: take 2 capsules 2 times daily or as directed by physicians.

References:

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